See Model City News on pages 7&8

THE TACOMA FACTS

10¢ "BRIDGING THE COMMUNICATION GAP" 10¢

Volume 3 Number 7 1325 SOUTH 'K' ST. TACOMA, WASH. MA 7-5597 February 15, 1973

Serving Tacoma And The Military Personnel Of Fort Lewis And McChord Air Force Base

CLEARINGHOUSE FOR MINORITY EDUCATION

by Jerry McLaughlin

I would like to take this opportunity to introduce myself. I am Jerry McLaughlin, Assistant Director of the Clearinghouse for Minority Education in Tacoma. We are located at 1321 South "K" Street. Each week in this column I will bring you information about opportunities for education that are available to minorities and disadvantaged people in the state of Wash. This includes all vocational schools, 2-and 4-year colleges, and private trade schools like Knapps Business College.

Our services include providing financial aid information, assisting in the preparation of all necessary application forms, and follow through to insure that the student or potential student has the right kind of information. We also notify the Minority Coordinator of the school that the person is coming to that institution.'

The Clearinghouse is compiling a library of catalogues and brochures of all available supportive services located in the community. Also we provide information to all schools, business, and social or civic organizations who need educational information.

One last important item. Everyone who plans on attending a 2-or4-year college during the 73-74 school term should come in and complete a Confidential Statement this week, if they think they may need financial aid. We are located at 1321 South "K" Street. Across the street from Smitty Burger Drive In. Our office hours are 9-6 Monday through Friday, and 10-4 on Saturdays. The phone number is 383-3771. Don't put your chance for an education off until tomorrow-stop by the Clearinghouse today.

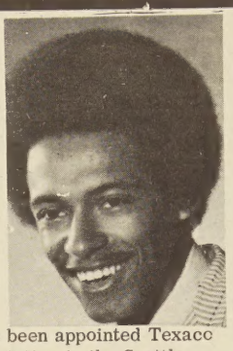
Contracts Granted To Tacoma Businesses

by Bernice Evans

Through regular contacts and the negotiational efforts of Minority Contractors Pierce County Association, a $500,000 contract has been granted to P&B Catering service of Tacoma Wa. Mr. Marcus Freeman, owner of Freeman's Soul Food Cafe is one of the principal owners. As a pre-Valentine surprise, Feb. 13, 1973 was the official signing date for the contract.

Mr. Lee O. McCane, owner of Mac's Appliance Electrical Co. has received an electrical appliance repair contract from the United States General Services Administration for approximately $50,000. These two contracts are a few of the packages that have succeeded into the open market of business. Any person needing help in packaging his contract can notify Minority Contractors Pierce County Association (MCPC) 909 South 11th St, Tacoma, Wa, 98405. Phone: FU3-5053.

Texaco Names Anthony Ginn



Anthony Ginn

Mr. Anthony Ginn has been appointed Texaco District Sales Representative in the Seattle District, it was announced today.

Mr. Ginn graduated from Wilson High School in Tacoma and Central Washington State College with a bachelor of science degree in psychology. He was varsity basketball player and was also student body Social Vice President. Mr. Ginn is the son of Ted and Marie Lindsay. Mr. Lindsay works in the Community Lab Program for Tacoma School District #10 and Mrs. Lindsay is Chief Librarian at Fort Lewis, Wa.

Beauty Salon Uses Scientific Approach

About 7 years ago, Ed Taylor purchased a building in the Tacoma Hilltop area and set out to renovate and remodel it into a Barber and Beauty Salon. His goal was to have the type of salon that would accomodate all types and textures of hair.

Today after lots of hard work, Ed Taylor has accomplished much of his goal. Not being content with anything less than the best to offer his customers, he has established a first class salon, that specializes in treating the hair and skin from a scientific approach rather than just giving a service.

Ed Taylor firmly believes that to be successful in his trade, he must be a dynamic individual, letting his goals and energies work for him. When a customer enters the salon, he is made to feel at home and advised of the treatment and service needed.

Mr. Taylor's Salon is equipped to accomodate the newest trends in hair styling be it long or short. The entire Salon is scientifically trained to analyze the problems of hair and skin and treat it. He is aware of today's hair styling trends and feels that a hair stylist who is content to stay with the old trends is going out the door. He has travelled extensively, participating in Laboratory Seminars, lectures, hair style shows, charm and modeling classes, learning and teaching the newer procedures for hair and skin care. Together he and his staff work towatd giving each customer individual, specialized service. No customer leaves without feeling the warm, enthusiastic attitude left with him by the Salon.

RIGHT ON

From The Publishers Pen

Fitzgerald Beaver
Editor & Publisher

Dangerous U.S. Game

For some time now it has not surprised anyone to hear the U.S. talk in support of liberation for Africans but vote against it and provide military, economic and other assistance to the remaining colonial powers.

But it becomes more disturbing as an overwhelming number of countries support the liberation movements while the U.S. joins a handful of nations opposing them in practice.

It is disgraceful for the United States to join the likes of South Africa, Portugal, France and Great Britain in a United Nations vote against a resolution condemning colonialism and recognizing the legitimacy of anti-colonial armed struggle.

Obviously we think it okay to articipate in a so-called war of self-determination in Vietnam. In fact, our tragedy there has proved that the liberation armies can win their struggles.

The U.S. is on the losing side of this great moral issue and in the long run it is a dangerous game we play.

To put it bluntly, it is dangerous for the white nations of the world to continue enforcing colonial policies against non-whites.

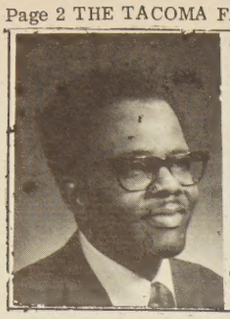
At a time when the United Nations is striving to improve racial relations world wide, it is distressing to see the United States, the most powerful and influential country in the family of nations, supporting racism and slavery. And that is what we are doing.

Right On!

REVIEWS

Black History

ON PAGES 6 & 7



You Are Invited to the St. John Baptist Church So. 20th & J St. Tacoma, Wash. Sundays. 10am, -11am. We Offer Family Counseling & Spiritual guidance. Rev. J. A. Boles Pastor Office... Ma. 7-6171 Res. LO-4-5486

Tuskegee Institute Starting An Alumni Club In SEA-TAC Area

Pictured above are two busy Tuskegee Institute Alumni, Dorothea Whitmire and Bob Duckworth, making preliminary plans for s starting a Tuskegee Institute Alumni Club in the Seattle-Tacoma area.

Bob stated that six years ago Tuskegee Institute established a two-year pre-forestry curriculum consisting mainly of basic science and general education. Subsequently, the enrollees transfer to other participating universities for two years of professional forestry where they earn the B. S. degree. The junior and senior years would be spent at: Colorado State University, Iowa State University, University of California, University of Michigan, or the University of Washington.

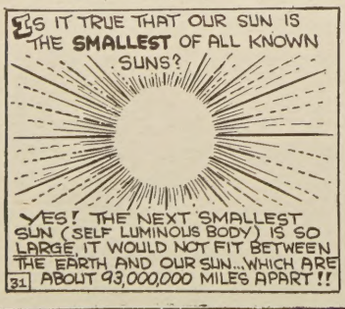
Last year, Weyerhaeuser Company, where Bob is employed, granted Tuskegee Institute $200,000 to be expended over a five-year period in the pre-forestry program. This enabled Tuskegee to employ a forestry professor, and extend financial aid to pre-forestry students.

Prior to this program, of the 18,000 professional foresters in the United States, there were only two blacks, and only one had a job in his profession. Tuskegee's program has already significantly changed this picture.

Bob stated that the Tuskegee Alumni Club in this area is proposing to offer full financial scholarships to two (2) high-ability black high school graduates in the Seattle-Tacoma area who wish to pursue a career in one of the broad range of career opportunities in the field of forestry. The financial aid applies both at Tuskegee and at the cooperating university. Further, Weyerhaeuser Company will participate by providing summer employment for students selected for this program.

Dorothea and Bob indicated that there are some forty to fifty Tuskegee Alumni in this area, and would like very much to get their expertise in helping to choose 2 candidates for the scholarship award.

Additional information can be obtained by contacting: Dorothea Whitmire at SH 7-4307; or Bobbye or Robert Duckworth at SH 7-1596 after six in the evening.


IS IT TRUE THAT OUR SUN IS THE SMALLEST OF ALL KNOWN SUNS?
YES! THE NEXT SMALLEST SUN (SELF LUMINOUS BODY) IS SO LARGE IT WOULD NOT FIT BETWEEN THE EARTH AND OUR SUN...WHICH ARE ABOUT 93,000,000 MILES APART!!
31

Mc HENRY'S BARBER SHOP
Price List: Men $2.00 Youngmen $1.50
Open Monday through Saturday
9:00AM to 9:00PM
So. 23rd "K" st.

Letter To The Editor

Please be advised that the Minority Concerns Task Force vis-a-vis Black Education and Economics Conference has established a free legal aid program. We have as one of our several objectives to provide the people with free legal first aid (how to prevent and handle arrests), free community legal aid classes and help in obtaining lawyers.

It is hoped that those persons who will and/or have had the occasion to utilize our services will take it upon themselves to become members of the American Civil Liberties Union (A. C. L. U.). We of the Minority Concerns Task Force, are seeking to increase Black and other so-called minority peoples membership in the A. C. L. U. For as you know, O. E. O. and Legal Services will undoubtly not be refunded.

As members of the A. C. L. U. members receive the National A. C. L. U.'s liberties annual report on U. S. Liberties, its monthly paper Civil Liberties and other material of general interest. They are also entitled to single copies of some 50 other A. C. L. U. publications recently available, without charge.

Any resident of Washington joining the A. C. L. U. is automatically a member of both the State and National groups. (There are also local chapters in thirteen Washington cities). All dues and contributions are shared between the national and Washington groups. Members receive the monthly state newspaper and may attend the annual meeting.

Actually we, Black folk, do need a mechanism whereby we can properly be represented as a whole i the courts of this city. For your information we think that A. C. L. U. will be able to assist us if you readers all will help yourselves by joining the A. C. L. U.

There is a need for volunteer tenant-rights, consumer protection, civil and criminal para-professionals.

For further information do phone us at FU3-2006, or visit us at 1704 South "K" Street.

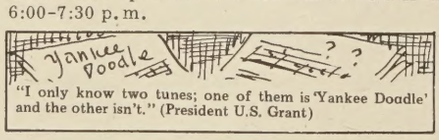
Seize the Time,
Andre' B. Young

Notice

Stanley Elementary P. T. A. is holding it's annula Ham and Pancake Supper, February 22nd from 5:30 to 8:00 p. m. in the school cafeteria. Co-chairmen, Mrs. Val Hellman and Mrs. Michael O'Brien announced that the public is invited. Tickets will be on sale at the door-$1.00 for adults, 50¢ for children under 12 years.

A poster contest was held for the Stanley students to make posters to advertise the supper. The winner was Michelle Maffett.

In conjunction with the Pancake Supper is the Calssroom Open House which will be held from 6:00-7:30 p. m.



"I only know two tunes; one of them is 'Yankee Doodle' and the other isn't." (President U. S. Grant)

For a guaranteed choice of jobs:

For complete information call:
475-8200

Your Air Force job training and skills will be valuable to you in or out of the service. Right now your Air Force Recruiter has a special list of select jobs he can guarantee to you before you join up.

Find yourself in the Air Force.

Tacoma Boy's Club News

With this article we hope to inform you of the activities that are going on at the Downtown Tacoma Boy's Club. Of course, you know about our boxing program on which we will be bringing you information from time to time. Our other activities, at this time, is basketball in which we have six teams, five boys and one senior girls team.

SMALL FRY

We have a 4th and 5th grade team combined, coached by Booker Crawford and Spencer Sears. The Mod Squad started out brilliantly by winning the christmas tournament since then has only won two out of six games during league play. The last game TBC Mod Squad scored 36 points to defeat the Fircrest Warrian by 10 points. Ronnie Warren scored 26 points, but most valuable player was Londell Henderson who had an outstanding game of defense.

PEE WEE

The 6th grade team coached by Jimmy Ervin is stuggerly to keep the team on top, and has won 4 games and lost 2. Richard Welch has been the leading scorer in a number of games. The TBC Lakers defeated East Side Boys Club Harmon 24 to 20, in their last game.

BATAM

The 7th grade who are called the TBC Sonics are undefeated in league play. The coaches Don Burrell and Bobby Warren, has worked this team into great shape. In their last games, the Sonics edge out the SEAA Hot Shots to the score of 23 to 22 for their 6th straight victory. The Sonic's have all around balance on offense, and the team plays a strong defense.

MIDGETS

The 8th grade team, coached by Ralph Pettus have been having a hard struggle as they have only won two out of six games for the season. They lost their first four games by a narrow margin, but the team seems to be improving as they have shown great depth in winning their last two games.

JUNIORS

The 9th and 10th grade Jr. Team. Saturday February 3, 1973 under the leadership of Coach Jerry Sparks and combination of uncle and nephew, Jeff Fields and Deryle Slaughter who lead the TBC Sparks to a 50 to 38 win over the SEAA Motor Ramp basketball team. The team standing in the league is 2 wins 4 losses. With the contributions of the 14 points by Jeff and 9 points by Deryle, the team seems to be pulling away from the stump.

SENIOR GIRLS

This is a first for the Downtown Tacoma Boy's Club to have a girls team. It has been successful up to date. As coach, Hank Rivers and Tom Mustin directed the TBC Wilsonetts to 6-0 league standing, in which they have first place, in North Division of Senior Girls basketball. Paulett Williams and Mini Coley has been in this season to their team, inspirationally in the way of offense for the team. The team has put together a strong defense.

God is always on the side which has the best football coach.

SEATTLE SUPER SONICS
GOLDEN STATE WARRIORS
Fri. Feb. 16, 8p. m.

BOSTON CELTICS
Sun. Feb. 18, 2p. m

SONICS 6TH SEASON

TICKETS ON SALE
Sonics Office
221 W. Harrison
Fidelity Lane Ticket Office
Mon.-Fri., 10 a.m.-5 p.m.
Sat. Noon-5 p.m.
Prices: $6.00, $5.00, $4.00, $2.50

Students ½ Price

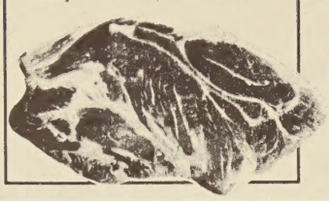
SAFEWAY

Aged for Flavor!

Beef T-BONE Steak . . . . . U.S.D.A. Choice, lb. $1.85
Beef TOP SIRLOIN Steak . . . . U.S.D.A. Choice, lb. $1.98
Beef NEW YORK Steak . . . . U.S.D.A. Choice, lb. $2.89
Beef Cube Steak . U.S.D.A. Choice, lb. $1.59
Beef SIRLOIN TIP Roast . . . . U.S.D.A. Choice, lb. $1.59

Pork Blade Steaks

Lean & Meaty lb. **98¢**



U.S.D.A. CHOICE BEEF

Top Round Steak

Boneless Flavorful lb. **$1.49**

Fryer Parts

Thighs, Breasts, Drumsticks Have Been Frozen

U.S.D.A. Grade A lb. **59¢**

Serving Suggestion

Guaranteed Meats!

Fresh Turkeys . . . U.S.D.A. Grade A Acme, 8-12 Pounds, lb. **59¢**
Pork Shoulder Butt Boneless, lb. **98¢**
Grade A Ducklings . . . . . lb. **69¢**
Pork Link Sausage . Pure Pork Safeway, lb. **$1.15**
Sliced Beef Liver . . . . Skinned & Deveined, lb. **69¢**

Safeway Wieners . . . . . 1-lb. Pkg. **79¢**
Sliced Bacon . . . . . Armour's Star, lb. **98¢**
Steamer Clams . . . . . Frozen, 3-lb. Bag **49¢**
Turbot Fillets . . . . . All White Meat, lb. **75¢**
Fresh Snapper Fillets . . . . lb. **79¢**

THE SIGN OF EXTRA SAVINGS

Most Safeway Stores will be Open Monday February 19th

Prices effective . . . . Wednesday February 14th thru Saturday February 17th. No sales to dealers.

AA Eggs Medium Size Doz. 49¢ — SUPER SAVER Large, Doz. **54¢**

Yellow Corn Meal Kitchen Craft — SUPER SAVER 2-lb. **34¢**

Sego Liquid Diet Food — SUPER SAVER 10-oz. **31¢**

Dream Whip Instant Topping — SUPER SAVER 8-oz. **82¢**

Borden's Cremora Coffee Creamer — SUPER SAVER 16-oz. **77¢**

Gorton's Clams Minced or Chopped — SUPER SAVER 6½-oz. **37¢**

Easy Off Oven Cleaner 8-oz. **79¢**

Dependo Bowl Cleaner 12-oz. **69¢**

Dak Sliced Bacon . . . . . 1-lb. Can **99¢**
Light Chunk Tuna . . . . . Sea Trader 6½-oz. **39¢**
Jell well Gelatins . . . . . 3 Ounce Pkg. **10¢**
Kitchen Craft Flour . . . . 5-lb. **53¢**
Royal Satin Shortening . . . . 3-lb. **85¢**

PRODUCE

Fresh Quality

Zucchini . . . . . Fresh, lb. 29¢
Grapefruit 8 lb. Bag 89¢

Fresh From Our Garden Section To Your Home!

Temple Tangelos Peak Season Juicy Sweet lb. **19¢**

Romaine Lettuce . . . . . Ea. **23¢**
Crisp Radishes . . . . . 6-oz. Pkg. **10¢**
Anjou Pears . . . . . lb. **29¢**
Brussel Sprouts . . . . . 12-oz. **29¢**
Large Eggplant . . . . . Ea. **25¢**
Pure Orange Juice . . . Half Gal. **89¢**

Tomatoes Vine Ripe Slicers lb. **28¢**

Convenience Items

Fried Rice Mix . . . Chun King 6¼ Ounce **46¢**
Egg Foo Young Chun King Dinner, 16¼-oz. **94¢**
SWEET & SOUR Dinner . . . . Chun King, 19-oz. **94¢**
Soy Sauce . . Chun King, Oriental, 10-oz. **49¢**
HASH BROWNS with Onions Betty Crocker, 5½-oz. **42¢**
Creamed Potatoes B. Crocker, 4¾-oz. **45¢**
Pork & Beans Van Camp's, 31-oz. **29¢**
Biscuit Mix . . . Buttermilk Mrs. Wright's, 40-oz. **52¢**
Chili with Beans . . . 3 Nalley's 15-ounce **$1**
Stroganoff . . . Lipton's Beef, 6¼-oz. **75¢**

BAKE SHOP

Cinnamon Butterhorns Mrs. Wright's Pkg. of 12 **99¢**

Potato Bread Skylark 22½-oz. **39¢**

Western Farms Bread Skylark 22½-oz. **39¢**

Town House Soups

Tomato Soup . . Town House, 10¾ -oz. 10¢
Vegetable Soup Bean & Bacon, Veg. Veg, 10¾ -oz. 14¢
Split Pea with Ham or Veg. Beef 10¾ Ounce 18¢
Chicken Soup . . Chicken Soup Creamed, 10½ -oz. 16¢
Mushroom . . Turkey Noodle or Crm. Celery Soup, 10½ -oz. 16¢

Fruits & Juices

Hillsdale Pears Mixed Pieces, 29-oz. 37¢
R.S.P. Cherries . . Stokely's 16 Ounce 37¢
TOWN HOUSE Tomato Juice . . . . 46-oz. 35¢
TOWN HOUSE Apple Juice . . . . . 46-oz. 44¢
Pineapple Juice . . . . LaLani 46 Ounce 34¢
Applesauce . . . . Town House 16-oz. 22¢

Canned Vegetables

Harvard Beets . . . . . S&W, 16-oz. **33¢**
S&W Cut Corn . . . . . 17 Ounce **28¢**
CREAM CORN or Peas . . . . . S&W, 17 Ounce **28¢**
S&W Kidney Beans . . . 15½-oz. **24¢**
Oven Baked Beans . . S&W, 28-oz. **39¢**

For Baby's Needs

Baby Powder . Johnson & Johnson, 24-oz. **$1.39**
JOHNSON & JOHNSON'S Baby Oil . . . . . 10-oz. **99¢**
Daytime Diapers . . . . . Truly Fine Disp., 30ct. **$1.47**
TRULY FINE Overnight . . . . Disp. Diapers, 12's **79¢**

Nu Made Salad Oil . . . 48-oz. **97¢**
Heinz Ketchup . . . . 14-oz. **27¢**
Brown Gravy . . . . Schilling's Mi x, Ea. **19¢**
TACO OR AU JUS Seasoning . . Ckn, Sloppy Joe, Schilling's Mix, Ea. **25¢**
SCHILLING'S SEASONING & Gravy . . . . Sour Cream or Mushroom, Ea. **27¢**
CHILI OR ONION Mix . . . . . Schilling's Seasoning's, Ea. **23¢**

Paper Products

Waxtex . . . Sandwich Bags, 150's **42¢**
Royale Towels . . . . 125's **33¢**
Bath Tissue . . . Northern, 4's **42¢**
Bath Tissue . . . . Aurora, 2's **29¢**

Health & Beauty Aids

Vicks Nyquil 10-oz. **$1.69**
Listerine . . . . . Antiseptic, 32-oz. **$1.49**
Arrid Cream . Antipers., 1.3-oz. **69¢**
Mennen 'E' . . . Deodorant, 4-oz. **99¢**
Toothbrush . . . . Youth Size Safeway, Ea. **27¢**
SAFEWAY MULTIPLE Vitamins . . . . 100 ct. **79¢**
Alka Seltzer . . . . . 25-ct. **55¢**
Colgate . . . Toothpaste, 7-oz. Tube **79¢**

REFRIGERATED FOODS

Lucerne Yogurt Sundae Style, 2-lb. **59¢**
Kraft Velveeta . . . 2-lb. **$1.34**
Empress Soft . . . . Margarine, lb. **39¢**
Cream Cheese . . Lucerne, 8-oz. **35¢**
Cream Cheese . . . Philadelphia Brand, 3-oz. **16¢**
Medium Cheddar . Safeway, lb. **$1.05**
MONTEREY JACK Cheese . . . . . Safeway, lb. **96¢**
Buttermilk . . . . . Lucerne, ½ Gal. **58¢**
Roquefort . . Lucerne Dressing, 10-oz. **89¢**
KRAFT GRATED Parmesan . . . Cheese, 8-oz. **95¢**
LUCERNE GRATED Parmesan . . Cheese, 8-oz. **83¢**

Pet Foods

HORSE MEAT Chunks Blue Mountain for Dogs, 14½-oz. **26¢**
Burgers Blue Mountain Beef, for Dogs, 14¾-oz. **21¢**
Cat Foods . Friskies, 6½-oz. **17¢**

SAFEWAY'S FROZEN FOODS

Ice Milk Lucerne (Gallon-$1.17) SUPER SAVER Half Gal. **59¢**

BEL-AIR R.S.P. Cherries . 20-oz. **65¢**
Bel-air Rhubarb . . 20-oz. **45¢**
9" Pie Shells . . . . Bel-air 2's **36¢**
Bel-air Waffles . . . . 8's **41¢**
Cool Whip . . . . . 4½-oz. **34¢**
Bel-air Grape Juice . . . 12-oz. **43¢**
BEL-AIR UNSWT. Grapefruit Juice . 12-oz. **49¢**
Bel-air Broccoli . . . Chopped, 10-oz **23¢**
Bel-air Spinach . . . . . 12-oz. **21¢**
BEL AIR Green Peas . . . or Cut Corn, 10-oz. **23¢**
Bel-air French Fries . . . . . 9-oz. **19¢**
Peas & Carrots . . . . Bel-air, 10-oz. **22¢**

SAFEWAY Motor Oil

Heavy Duty 20-30W Qt. **31¢** — SUPER SAVER — Regular 20-30W Qt. **27¢**

SAFEWAY

*COPYRIGHT 1960, SAFEWAY STORES, INCORPORATED

SAFEWAY

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PRICES EFFECTIVE AT THE TACOMA SAFEWAYS ONLY

Taxpayers Ask IRS

This column of questions and answers on federal tax matters is provided by the local office of the U.S. Internal Revenue Service and is published as a public service to taxpayers. The column answers questions most frequently asked by taxpayers.

Q) Is it true that the standard deduction has been increased for the 1972 tax year?

A) The percentage standard deduction has been increased. Instead of multiplying your adjusted gross income by 13 percent, now you multiply by 15 percent. The top limit was $1,500. Now it is $2,000.

Q) How can I tell whether I should itemize my deduction or choose the standard deduction?

A) It usually will be to your advantage to itemize deductions if: you are a homeowner paying interest and taxes; you had unusually large medical and dental expenses during the year; you paid alimony, suffered a major uninsured casualty loss, or made large contributions to qualified charities. This year many taxpayers will be taking advantage of the increased standard deduction. Your tax form instructions contain a formula you may use to determine which method you should select.

Q) When can I expect to get my W-2 form?

A) Employers are required to issue W-2 statements to their employees by January 31. Many, however, issue them sooner for the convenience of those employees who are expecting a refund and want to file early.

Q) Are there any limits on how much my husband and I may claim for babysitting and maid service expenses incurred while I am out working?

A) You are allowed a deduction of up to $400 per month for expenses for dependent care and household services provided in your home: 1) if your dependent is under 15 and you are entitled to claim an exemption for him; 2) if your dependent is physically or mentally incapable of caring for himself, regardless of age. Of course, these expenses must be incurred to enable you to be gainfully employed and you must furnish over half the cost of maintaining the household that includes the dependent.

For more details, including the income limitations on the deduction, see IRS Publication 503, "Child Care and Disabled Dependent Care." It's available free by writing your Internal Revenue district office.

Q) Where can I get a copy of your income tax guide?

A) A copy of "Your Federal Income Tax," Publication 17 may be purchased for 75 cents from your IRS district office, many post offices throughout the country and the Government Printing Office in Washington, D.C. If you operate your own business, you may also be interested in Publication 334, "Tax Guide for Small Business," which you may also purchase for 75 cents.

Q) Each year I hear of cases where refunds are delayed because taxpayers make errors on their returns. What are some checks I can make to avoid an error and get my refund faster?

A) To insure the prompt processing of your return, you should check the following before sending your return: (1) Recheck all your mathematical computations; (2) Be sure you used the correct tax table or tax rate schedule; (3) Be sure you used the peel-off label that came on the cover of your tax package (If you don't have the label, print name, address, and Social Security number in the spaces at the top of the front of Form 1040 or Form 1040A); (4) Be sure that your return is signed and dated; joint returns must have the signatures of husband and wife; (5) Be certain all W-2's and supporting documents are attached.

Q) Can I designate more than $1 of my tax liability toward the Presidential Election Campaign Fund?

A) If you are married, filing a joint return, you may designate $2 of your joint tax liability. But you may not designate extra money for this purpose.

SCLC NEWS

SCLC President, Dr. Ralph David Abernathy, has dispatched to Washington, D.C. the Reverend James Orange, Field Secretary at Large, and the Reverend Bernard S. Lee, Executive Assistant to the President, as his personal representatives to assist in giving leadership and direction to the proposed O E.O. "lobby-in" sponsored by the People Against Poverty; the National Welfare Rights Organization; and the National Tenant Organization, and to lay the groundwork for the proposed February 20th march in the Nation's Capitol.

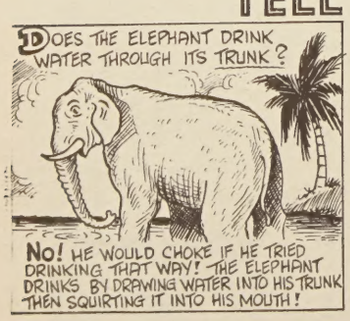
Thousands of people affected by the Administration's cut-back will meet with their congressmen and senators on Wednesday, February 7th. Dr. Abernathy revealed that one of the most momentous non-violent demonstrations is mounting as a protest against the anti-poor attitude the Nixon Administration has adopted. The S.C.L.C. leader stated that this Administration must know, "Though we may be disadvantaged, we are not disenchanted. SCLC will continue its war against poverty by emphasizing two new program areas -- the equal administration of justice and the right to an education.

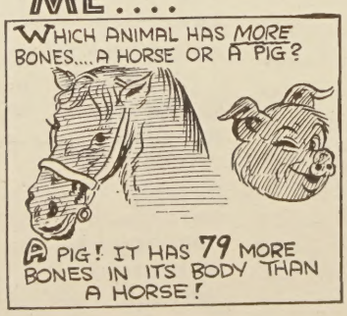
"Thousands of Black and poor people are wasting away in jail cells. This is clearly a travesty of justice. SCLC is mapping strategy to launch a movement to have prisoners released from jail who are not hardened criminals and to call for the doing-away-with the dual standard of justice poor people are confronted with in the courtrooms of justice.

"SCLC is also collecting data for a bill to be introduced in Congress titled 'Guaranteed Education.' It's our conviction that one of the fastest ways to remove poverty and ignorance from our nation is to accelerate the level of education amongst the poor. A student should be able to matriculate from primary school through the Ph.D. program, when academic standards are maintained and desired is intact, at no cost to the student or the family. We maintain that a family of four that does not have a minium income of $10,000 a year is poor.

"SCLC will sign its Peace Treaty in the war on poverty when this nation declares hunger illegal; when this nation declares ignorance illegal; and when this nation will have become a proto-type for all the world to aspire to. Then we will sign our Peace Treaty," concluded Dr. Abernathy.

TELL ME....


DOES THE ELEPHANT DRINK WATER THROUGH ITS TRUNK?
NO! HE WOULD CHOKE IF HE TRIED DRINKING THAT WAY! THE ELEPHANT DRINKS BY DRAWING WATER INTO HIS TRUNK THEN SQUIRTING IT INTO HIS MOUTH!



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SCLC NEWS

SCLC President Dr. Ralph David Abernathy is appalled and alarmed to know that in the 20th Century Black people and poor people are not allowed to exercise their Constitutional and God-given rights. Dr. Abernathy finds it wholly inexplicable that state troopers, with night sticks and billy clubs, would unmercifully beat defenseless citizens of Gerogia, protesting inequities in the Lowndes County School System.

Dr. Abernathy calls upon the Governor of Georgia and the officials of Lowndes to release immediately Mr. Jospeh Hammonds and the forty-two other persons arrested with him.

As a result of last night's beating and arrests, Dr. Abernathy is dispatching to Valdosta another of SCLC's seasoned Community Organizer --Mr. Robert Johnson-- to report his findings immediately to Dr. Abernathy and the Executive Staff of SCLC.

Book Bag

news of books from the Literary Guild

The magic ingredients of fiction -- mystery, mysticism, and mayhem -- are all to be found in these recent releases... Frederick Forsyth serves up sophisticated action as engrossing and exciting as his earlier DAY OF THE JACKAL and ODESSA FILE (Viking) in his new novel, DOGS OF WAR, about mercenaries...And everyone agrees that Ross McDonald's "Lew Archer" series never lets up on the mystery or suspense -- the new book is SLEEPING BEAUTY (Knopf) and not to be missed...

Tom Tryon, author of THE OTHER, now in your neighborhood movie, maintains his reputation as master of the incredible in HARVEST HOME (Knopf), his new thriller.

Mary Stewart has completed HOLLOW HILLS (Simon & Schuster), her sequel to the best-seller CRYSTAL CAVE.

...Jim Bouton, known for his sensational expose of baseball life, is finishing up a book of moving profiles of great managers in baseball (Playboy Press)

Black Psychiatrist Says White Therapists Can't Help

WASHINGTON, D.C., FEBRUARY 8, 1973. .."Racist social conditions and recent heightened black awareness have designated the white therapist as someone not to be trusted unless his individual behavior proves otherwise."

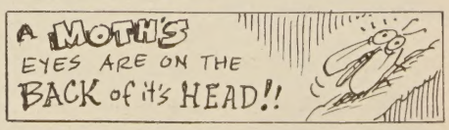
James P. Comer, M.C., a black psychiatrist, thus explains why black people refuse to seek help for emotional problems from white professionals. In the January issue of MH, the quarterly magazine of the National Association for Mental Health, released today, Comer discusses the distressing shortage of black therapists.

One solution is to upgrade the educational efforts available to blacks, but, Comer says, "Aside from the cost, there is little time. The demands are pressing and urgent. The need is now." He suggests that "if black gain sufficient economic and political power within the total social system, the reluctance and refusal to be treated by white therapists should decline."

Comer is Associate Professor of Psychiatry at the Yale Child Study Center and Associate Dean of the Yale Medical School. He is author of BEYOND BLACK AND WHITE, a psychosocial analysis of American racial conflict. Comer is also a member of the NAMH Panel of Professional Consultants.

Also featured in the January issue of MH are articles by Gloria Steinem on asserting women's rights in society, and Dr. Peter Breggin on why lobotomy must be stopped, plus a four-page color portfolio of art by mental patients.

MH is published in July, October, January and April. The Annual subscription price is $10. Contact the National Association for Mental Health, 1800 N. Kent Street, Arlington, Virginia 22209.



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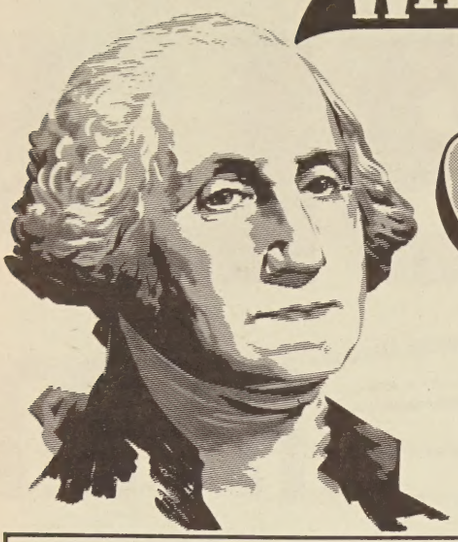
WASHINGTON'S BIRTHDAY



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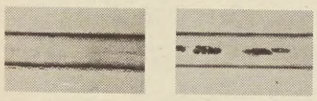
THESE BUSINESSES HAVE A GREAT SALE FOR YOU!

GIVE YOUR HAIR A PHYSICAL CHECK-UP



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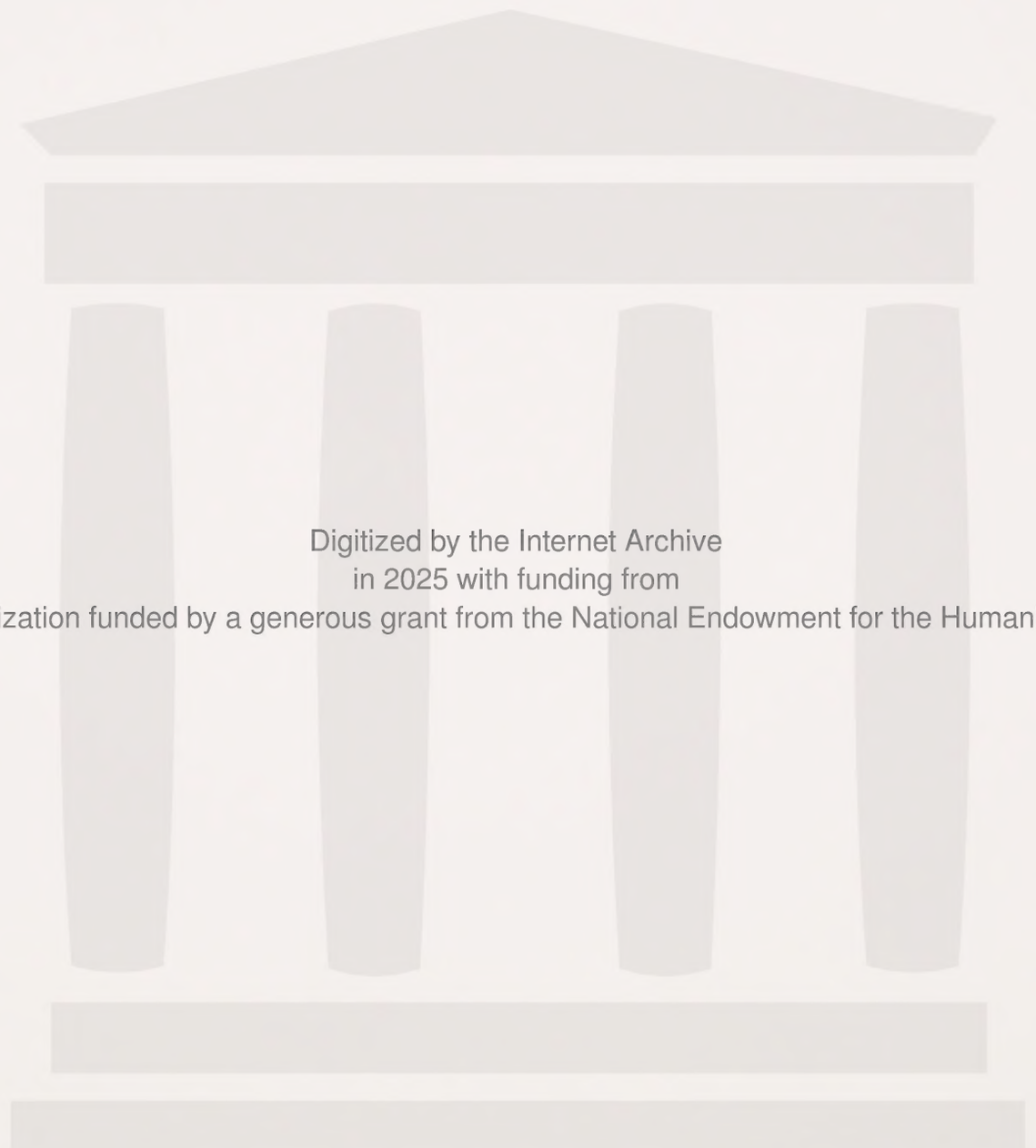

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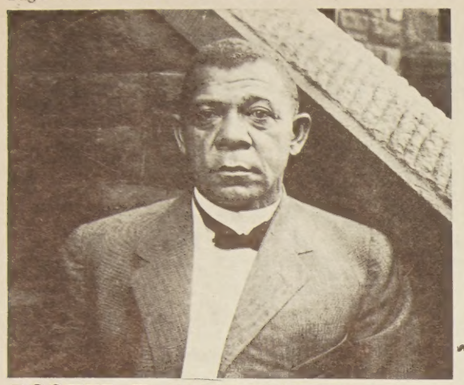
Some of the people who make up...

BLACK HISTORY WEEK



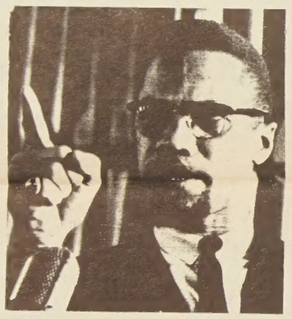
BOOKER T. WASHINGTON (1856-1915)

A MAJOR theorist of the accommodationist school at the turn of the century, Booker T. Washington made his influence felt particularly in black education and self-help. "As exemplified in Tuskegee Institute," writes Dr. Benjamin Quarles, "his ideas on schooling were a shaping force in education, black and white, in America and abroad, and his self-help program included the establishment of the National Negro Business League and similar racial ventures."

W. E. B. DU BOIS (1868-1963)

"DU BOIS represents probably the quintessence of the black scholar who turns his skills to the cause of the black community in the struggle for justice," writes Dr. Vincent Harding. In numerous books and articles and in a variety of literary forms, Du Bois articulated black pride, black solidarity and black self-identification which embraced persons of African descent on whatever continent, in whatever land they might be located. He was convinced that black people had a higher and more edifying destiny than absorption into white America.

MALCOLM X (1925-1965)



PATRON saint of the black consciousness movement of the 1960s and 1970s, Malcolm X represented the tremendous integrity of the new black man, willing to know himself, to love himself, to be profoundly critical of himself and, at the same time, to know the enemy and to speak truthfully about the nature of the black situation in America. "He insisted," writes Sterling Stuckey, "that black people keep their souls at a time when black people of African ancestry were trying desperately to forget Africa, at a time, in short, when integrationist sentiment had reached pathological levels among many black people. With Paul Robeson and W. E. B. DuBois effectively silenced (they had seen no need whatever for blacks to imitate whites), for the first time in Afro-American history blacks were being led by men with no interest in Africa and even less in preserving values peculiar to people of African ancestry. Though it took years, Malcolm finally went far toward personally undoing this historical discontinuity by pointing out the crimes committed by America against his people. . . . He, more than anyone else, helped usher in the new black consciousness, the new interest in Africa. Before his death he had arrived at the position that all oppressed humanity must be free."

★ *History Is The Literature Of The Past!*

★ *History Is The Education Of The Present!*

★ *History Is A Warning To The Future!*

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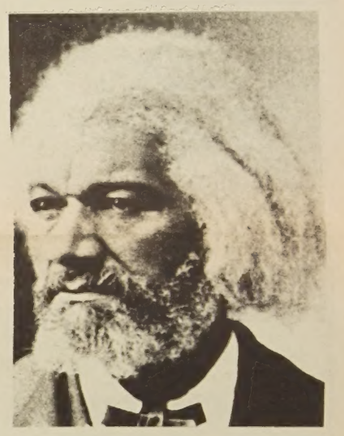
FREDERICK DOUGLASS (1817-1895)



THE most prominent black of the 19th Century, Douglass was an orator, newspaper editor, recruiter of Union troops, spokesman for the newly-freed slave, and holder of three presidential appointments. He has been called "the father of the civil rights movement." "The ex-slave genius' very presence made utter mockery of all white claims to supremacy," writes Sterling Stuckey. "Douglass, more eloquently and cogently than any man of his time, expressed the degradation which characterized, and the depravity which brought into being, American slavery. Through his speeches and books he did more than any other black man of his time in winning support for the bondsman's cause both in America and abroad." Much of Douglass' thinking was summed up in the famous speech in which he declared:

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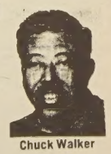

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Matrons Club Fashion Show

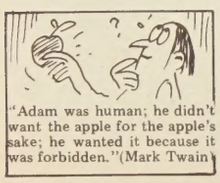
The Matron's Club of Tacoma is presenting its 27th annual Washington's birthday Fashion Show and Luncheon.

This year's show will feature fashions from specialty and botique shops in the area.

Sleek, Bold, and Handsome is the title of the show to be held on Monday, February 19th from 1:00 til 4:00 p.m.

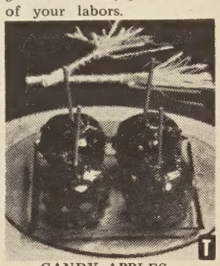
Proceeds from the affair will go to a deserving college student in the form of a scholarship.

Mrs. Ruby Martin and Ellen Murphy are co-chairmen for this event. The public is invited and tickets may be purchased from any member of the Matron's Club.



"Adam was human; he didn't want the apple for the apple's sake; he wanted it because it was forbidden."(Mark Twain)

Taste-tempting recipes featuring apples don't exactly grow on trees. You needn't grapple with the apple, however, to find an appealing dessert that would please William Tell, Sir Isaac Newton and Eve herself. Follow these instructions and your guests will enjoy the fruit of your labors.



CANDY APPLES

4-6 medium apples
1-1/3 cups (3 bars--regular size) coarsely chopped Peter Paul Power House bars
1 tablespoon milk
4-6 wooden sticks.

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CPAs Clarify Tax Law Application For Aged

Elderly taxpayers enjoy certain breaks under Federal tax laws, but some of the regulations affecting them are rather complicated. The Washington Society of Certified Public Accountants has attempted to clarify the picture.

Beginning with the most clearcut provisions of the Revenue Act, the CPAs point out that benefits under the Social Security and Railroad Retirement Programs are tax exempt. Also, pensioners are not taxed on that portion of their pension benefits resulting from contributions they, themselves, made from previously taxed income.

Most other pension benefits are taxable, but the tax rates for the elderly, because of their usually reduced incomes, are in most cases low. Each person over 65 gets a double personal exemption, and since the exemption went up to $750 in 1972, that means $3,000 in exemptions for a couple above that age. Taken together with the low income allowance, which also went up -- from $1,050 to $1,300 -- this means the couple can have an income of $4,300 over the above their Social Security benefits without incurring any tax obligations.

If a person has received pension or annuity benefits that are taxable, the CPAs recommend that he call or write the nearest IRS office to obtain simple forms for reporting them and computing the tax due.

To avoid having to pay one large tax on pension earnings at the end of the year, it is often possible to arrange with the company making the payments to withhold income tax from the monthly pension check.

Retired people who receive little or nothing from Social Security can sometimes save up to a few hundred dollars on the taxes owed on investment income by use of a device called the retirement income credit. For this, qualified guidance is almost indispensable.

For the children of retired people, the CPAs have a reminder that an unmarried person may qualify for special tax treatment as a "head of household" if he provides more than half the support of dependent relatives. Relatives other than parents have to live in taxpayer's home, but parents can live elsewhere.

If more than one child supports an elderly parent, yet none provides more than half the support, one of them can still take the parent as a dependent. The others must agree not to claim the exemption this year. In some families the children alternate in taking the exemption, says the CPA Society.

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INSTRUCTOR - EARLY CHILDHOOD EDUCATION
$9,510 (Current Salary Schedule)

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INSTRUCTOR - DENTAL ASST. PROGRAM
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ADMINISTRATIVE SECRETARY
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SECRETARY
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SECRETARY
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SECRETARY
Salary Negotiable

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Salary Open

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Our readers are your next customers!

WOMEN on Wheels

Plymouth's Liz Stimley In the Driver's Seat

Driving In The Rain

Trying to make a quick stop on a wet road may find you headed into a spinning, frightening skid.

Stopping safely in the rain requires sensible driving.

A road sign which reads "slippery when wet" means Slow Down.

How much you should cut your speed depends on many conditions.

To find the proper speed, wait until you are on a deserted stretch of road. Slow down. Hit the brakes fairly hard. If the wheels slide you are going too fast.

Even safe drivers sometimes go into a spinning skid. If you do, don't panic, you can pull out of it. The key is to get the tires back to gripping the road.

Don't hit the brakes, that will intensify the skid.

Take your foot off the gas. If your car has a clutch use it. This will give the wheels a chance to grip again.

You'll naturally steer in the direction of the skid. Skidding right, you'll turn the wheel to the right. But don't over-do-it. Turn the wheel back quickly as soon as correction has started. (We can tell you *what* to do, but you have to try it yourself on a wet, deserted parking lot to learn *how* to do it. It's like swimming: you learn to do by doing.)

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THE FACTS

Our readers are your next customers!

CPAs Explain What Income Is And Is Not Taxable

Is all the income one receives from all sources subject to the same Federal Income Tax? No, says the Washington Society of Certified Public Accountants. Some types of income are exempt from taxation, while others are taxed at a rate different from that for ordinary income.

The CPAs say the types of income to be included with salary and wages as part of one's adjusted gross income include:

Tips, bonuses, commissions and incentive payments.

Dividends (except for the first $100, or the first $200 if community property and except for so-called dividends on insurance policies, which are actually rebates of premiums and not taxable.)

Supplemental payments by one's employer under a guaranteed annual wage plan.

Interest received on bank deposits, loans, etc.

Gambling winnings and prizes won in contests (after subtracting gambling losses and the costs of participating in the contests.

Short-term capital gains on investments sold after being held six months or less.

One half of long-term capital gains (realized on the sale of investments held longer than six months).

The CPAs say that, with certain exceptions, the types of income that can be excluded from one's adjusted gross income on tax returns include:

Salary or wages up to $20,000 earned outside the United States if the taxpayer was a bona fide foreign resident for the entire taxable year.

Sick pay up to $100 a week if one's employer has an established wage continuation plan.

Social Security Benefits.

That portion of retirement income resulting from one's own contributions to a pension fund, if the money contributed was taxed before being paid in.

Food and lodging provided by an employer, if it was for his own convenience.

Unemployment benefits paid by a state or under the Railway Unemployment Insurance Act or the program for Federal employees.

Cooking Corner

A Cook Book Guild Tested Recipe

Something special to beat the cold weather--a spicy, easy-to-prepare shrimp dish that will make a real change-of-pace meal. From BEST RECIPES FROM THE COOK BOOK GUILD (Doubleday), edited by Pat Fink.

JUMBO SHRIMP, MARGHERITA STYLE

25 raw jumbo shrimp, about 2½ pounds (10 to the pound)
dash of paprika
3 tablespoons olive oil
½ cup butter
½ cup dry sherry
juice of 1 lemon
1½ teaspoons Worcestershire sauce
2 cloves garlic, finely chopped
¼ teaspoon dried tarragon
¼ teaspoon dried basil
salt and pepper to taste

Wash the shrimp but do not remove the shells or tails. To clean out the sand veins, cut the shells with a scissors along the backs of the shrimp. Remove the sand veins with a knife. Make certain the shrimp and shells are clean. Slice the shrimp down the middle lengthwise, but do not cut through completely. Spread apart to form a butterfly shape. Put the shrimp into an oven-proof casserole or baking dish. Sprinkle with paprika and olive oil. Re-serve.

Melt the butter in a saucepan over very low heat, being careful not to let it burn. Add the dry sherry, lemon juice, Worchestershire sauce, garlic, dried tarragon, dried basil, salt and black pepper. Stir with a wire whisk until sauce is thoroughly blended and heated. Keep hot.

Broil the shrimp four inches from the source of the heat in a preheated, very hot (450°F.) broiler for five minutes, turning once. Be careful not to scorch the shrimp. Pour out the olive oil. Pour the sauce over the shrimp. Broil for one minute longer. Serve at once, Serves five.

Public Notice

The fourth meeting of the Black Expo "73" will be held on Saturday, February 17, 1973 at 2:00 p.m. at Ujamaa Culture and Recreation Center, 415 South 13th and Fawcett Street.

All interested persons are encouraged to attend. This is a community project.

Food For Thought

by Mrs. Gm. Batie

The House Wife-

Housekeeping has been described as the oldest "Industry". It is certainly the most important.

In every household there are occasions when the housewife can without loss of dignity show that she is interested in the lives of those about her and concerned for their welfare.

My favorite recipe-I tried it last weekend and really enjoyed it:

Creole Gumbo

1-80z can of Shrimp
1-8oz. can of crab
1 lb. Chicken wings
1 cup of chopped Salami
16 0z can of tomatoes
1 cup of hot sausage
1 cup of chopped green or dry onions
1 cup chopped celery
1 cup chopped green peppers
2 10 oz box cut frozen okra
Salt and pepper to taste

Boil chicken wings in 6 cups of water until meat comes off bones. Saute in frying pan celery, onions and peppers adding oil or butter, cook 10 minutes . Remove from heat and add to cooked chicken and stock (about 4 cups of stock). Ad tomatoes. Saute Okra in butter until light brown, add to pot. Add shrimp and crab meat. Cook 30 min longer on low heat. Serve over fluffy rice. 8 servings.

"THE FLY"

James Earl Jones (left) and Claude Booker discuss welded metal art forms "The Fly" and "Musicians", created by the late Carl Gray which are examples of the art forms used by the nationally syndicated TV series "Black Omnibus". Jones is host of the TV program and Booker is the assistant art director and curator for the program. It was decided that instead of the normal props and scenery used in a TV series that art forms by black artists would be used instead. In addition to his work with "Black Omnibus" Booker teaches art history in Los Angeles.

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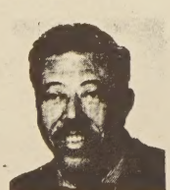
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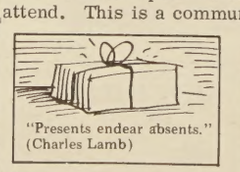

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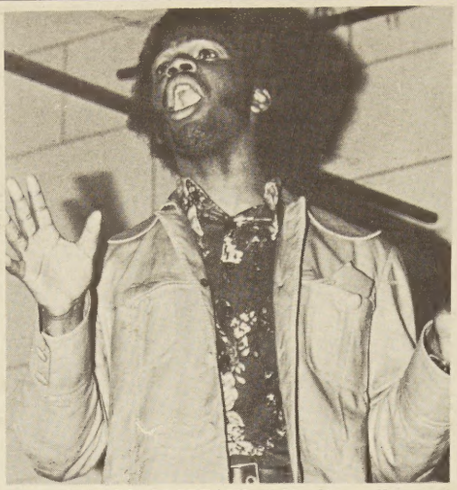
MODEL CITIES NEWS

'Malcolm Highlights Black History Week'



MALCOLM SPEAKS at Muslim rally seconds before he is shot in the play "My Man, Brother Malcolm" tonight at the Ujamaa Culture and Recreation Center at 6 p.m.

THE PLAY opens with a modern dance number and is followed with a fashion show.

HELEN MADUAKA, Center technical director, shows observer how to play an African musical instrument. The instrument is part of a display of African culture showing at the Ujamaa Center this week.

MALCOLM FRANTICALLY tells Army clerk about his vision of killing honkys and cons the clerk into releasing Malcolm from the draft. Malcolm is played by Doug Jockson and the Army clerk by John Carter.

"My Man, Brother Malcolm," a play by Ella O. Williams has been the highlight of activities at the Ujamaa Culture and Recreation Center during this Black History Week.

The play is a series of scenes from the life of Malcolm X woven together by a narrative of the psychological changes taking place between the events. While the play gives the history of the man, it fails to give an in-depth understanding of his personality.

Malcolm fakes insanity and cons an Army clerk into releasing him from the draft in one of the more memorable scenes. Doug Jackson as Malcolm and John Carter as the Army clerk and also as a white teacher are outstanding in their two scenes together.

Also memorable, is the scene where Malcolm is making an emotional plea at a Muslim rally. At the height of his speech, startling gun shots knock Malcolm to the floor. He slowly dies as the lights fade into black and the play ends.

The play begins with Malcolm's early life and his father's mysterious death. Bad experiences with welfare workers and teachers generate a continuing hatred for white people. After many experiences trying to find meaning in life, he becomes a dedicated Muslim. Eventually he is assassinated at a Muslim rally.

Several dance numbers were integrated in between scenes of the play and a fashion show followed the production.

In addition to the play, the Center is featuring a display of African art and culture. Particularly interesting are typical African scenes made of carved wood figurines.

"My Man, Brother Malcolm," will be produced again tonight at 6:00 p.m. Wilson High School will present "Black Man in Tacoma" at 7:30 pm.

Friday, Mt. Tahoma will bring a dramatic and musical presentation to the Center at 6:00 pm. Saturday, the Center will be open for recreation.

Land Use Review Board Appointed

The seven voting members of the 1973 Model Cities Land Use Review Board will be sworn into office at the board's regular meeting Feb. 26, at 6:30 p.m. at McCarver Elementary.

The City Council appointed the board members at its Feb. 6 session.

Formed in August, 1971, the board is designed to assist in developing a comprehensive land-use plan for the Model Neighborhood. The advisory body makes suggestions for land use to the Model Cities Program, City Planning, Board of Adjustments, and City Council.

The three Model Cities representatives are Harris M. York, chairman of the Housing Task Force, Joe Wallace, chairman of the Culture and Recreation Task Force, and Junior N.R. Ellis, chairman of the Executive Board.

Filling the three professional positions are Dallas Hoopes, Dohn Swedberg, and Harold Bond. Felix Simms is the member at large.

Plu Lettermen Sponsor Youth Day

The Pacific Lutheran University Letterman's Club will sponsor an afternoon of activities for Model Nieghborhood youth on Monday.

The club will provide games and food in the afternoon plus free admission to the PLU-College of Idaho basketball game in the evening.

Any youth from 10-18 years old who is interested in the program should call Mrs. Lucille Delaney at 593-4660. Those attending the activities will leave McCarver Elementary School at 2:30 on Monday.

Task Force Date Changed

The Model Cities Mass Task Force will meet Feb. 26 instead of Feb. 19 because of the holiday.

At the task force meeting, members will be asked to set priorities for planning areas and projects. Model Neighborhood residents are being surveyed this week to determine what the priorities of the entire community are.

The priorities set by the task force and the community will be presented to the Executive Board March 8, so they can set their priorities. This information will be used to plan reprograming money and a Third Action Year if funds are allocated by Congress. If Model Cities is phased out, the information will ehlp the City of Tacoma decide if they want to continue some of the projects.

A brief evaluation of the success or failure of each project will be presented before task force members are asked to rate the success of the projects.

MODEL CITIES NEWS

New Advocate Hired

Ebbie Starling

Ebbie Starling came to Model Cities as a temporary employe from the Health Task Force where she was secretary.

Ebbie is assigned to the community involvement department as an advocate representative. She was graduated from Stadium High School and also attended Bates Vocational School and Pacific Lutheran University. She is married and has two children.

Accountant Joins Model Cities

Harold Hankins

Harold Hankins, a retired Army Staff Sergeant and winner of two purple hearts, has joined the Model Cities finance department as an accountant.

Harold received his training at the U.S. Army Finance School in Indianapolis, Indiana. He also took business administration courses at Ft. Steilacoom Community College. He comes to Model Cities from Peoples National Bank. Harold is married and has two girls.

Executive Board Looks To Future

The Model Cities Executive Board began thinking about the future of the program as Director Keith Palmquist reported the latest information on Model Cities' status.

HUD officials have told Palmquist that Tacoma would probably receive some additional money to continue operation through June, 1974. The program will probably have to reduce its projects and staff though. Palmquist said that HUD officials wanted to meet with the Mayor, City Manager, and Model Cities Director to discuss the problem. Tacoma should know how much it will receive by the end of the month, according to Palmquist.

The board delayed setting priorities for planning areas or projects until they receive input from the community and task forces as to their priorities for the community.

Several citizens and staff members brought a proposal for a Group Home for Girls to the board. The board voted not to consider the proposal until it had gone through the proper channels. The proposal will be developed and resubmitted to the board with a reprograming package.

Board Chairman Junior N.R. Ellis was not present because he was attending a training conference for Model Cities citizen boards. He hopes to bring back some new strategies for increasing citizen participation in Tacoma.

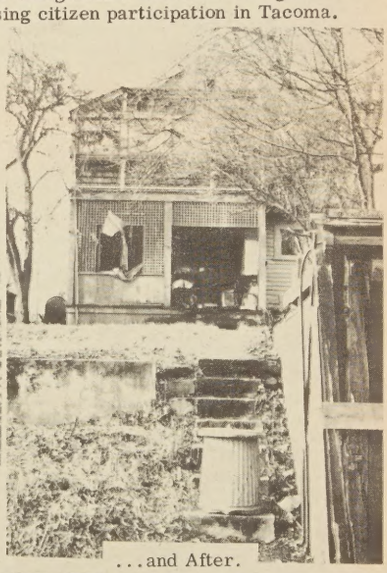
You Can See The Results

Many Model Cities projects are hard to visualize because they don't produce results that can be seen, but the Environmental Health project is an exception.

Since late November, the trash pick up team has been busy cleaning alleys and yards where trash has been collecting. They have been hauling truckloads of rubbish to the dump every day.

Free trash pick-up is available to anyone in the Model Neighborhood who cannot remove it on their own. Rubbish should be in bags or boxes. To arrange for pick-up, call 593-4767.

BEFORE...

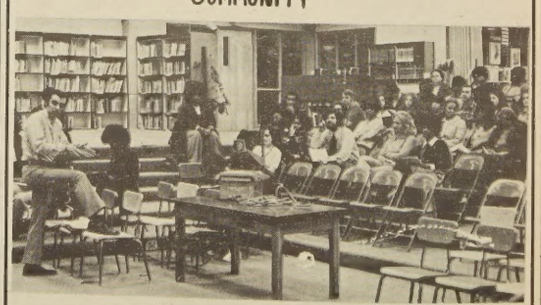


...and After.

THIS IS ONE of the worst junk piles the Environmental Health projects has been asked to clean up.

WHEN THE JOB was completed, the yard was free of all the trash.

THEY'RE CONCERNED ABOUT THEIR COMMUNITY



ARE YOU?

IF YOU ARE CONCERNED, YOU WILL ATTEND THE FEBRUARY 26 MASS TASK FORCE MEETING 7:30PM. AT McCARVER SCHOOL. YOU WILL HAVE A CHANCE TO TELL US HOW YOU FEEL ABOUT MODEL CITIES PROJECTS. SHOW YOUR CONCERN AND ATTEND.